

PREVENT

The spread of **Corona**



Wash your hands
with soap
regularly



No hand-
shaking



Cough and sneeze
on the inside of
your elbow



Keep distance,
1,5 meter



Avoid busy places
max. **2** people
together



Use paper hand-
kerchiefs



Stay home as
much as possible



Wear a mask in
public spaces



If you have
symptoms,
get tested

More information on [rivm.nl](https://www.rivm.nl)

